

# HOW CONFIDENT



## ARE YOU?

Do butterflies attack your stomach whenever you're asked to speak before a group?

Can you confidently express your thoughts and ideas? Do you have the nerve to ask your boss for a raise?

Whether you're speaking to one or one thousand, Toastmasters can help you speak clearly and confidently. At home or on the job, Toastmasters will provide you with the confidence you need to get ahead.

**TOASTMASTERS:**

*The  
Confidence  
Builders*

For more information, please contact:  
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For meeting time and location, visit:  
<http://www.geocities.com/dynamicspeaker>

Please remove after March 31, 2009

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