Denial

if I give to you, what is it I give and do you want it

if I take what you offer is it mine to keep,...

or do I take it for you, to make myself feel better,...

or are you giving because you think that I need

and should I be thankful, or is it expected

I am confused and so I say nothing

and the silence builds for we are fearful

fearful of problems that might appear

because nothing is wrong we are convinced

so when you say "Good Morning" my heart goes cold.

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