

NORTH WEST INSTITUTE OF DYNAMIC PSYCHOTHERAPY

CRITERIA and PROCEDURES FOR MEMBERSHIP SCHEDULE

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This document replaces 1st Schedule - Procedures for Membership 31.10.02 and Draft framework for considering applications for full membership 28.05.00)

1. THERAPEUTIC ORIENTATION

The North West Institute of Dynamic Psychotherapy (NWIDP) is a Member Organisation (MO) of the Analytic Psychology, Psychoanalytic and Psychodynamic Section of the UKCP. Full members are expected to work in accordance with the Flag Statement of the AP&PP section of UKCP.

“Psychoanalytic Psychotherapy is based on psychoanalytic practice and theory. It endeavours to reach the underlying, often unconscious, causes of distress. Together with the therapist, the patient can explore free associations, memories, fantasies, feelings and dreams, relating to both past and present. In the reliable setting of the therapy (which allows for regression) and in the exploration of the interaction with the therapist, especially within the transference and countertransference, the patient may achieve a new and better resolution of long standing conflicts”.

This includes:-

- An advanced level of knowledge of psychoanalytic theory, both classic and contemporary, on the work of Freud, Klein and the British and American Schools of Object Relations
- Advanced knowledge of Group Analysis for group therapists
- Working with positive and negative transference
- Working with countertransference
- Interpretation, especially of the transference, dreams, defensive processes, resistance and acting out
- Facilitating free association
- Therapeutic neutrality
- Knowledge of research into psychoanalytical theory and technique, and other psychological approaches
- Importance of boundaries, setting, breaks and endings

2. TRAINING AND EXPERIENCE REQUIRED FOR FULL MEMBERSHIP

- 2.1 A University Degree, or education and or experience to equivalent standard.
- 2.2 A professional post-graduate training in Psychoanalytic or Psychodynamic Psychotherapy.
- 2.3 A minimum of 355 hours experience of supervised psychoanalytic or psychodynamic psychotherapy.
- 2.4 Experience of personal psychoanalytic or psychodynamic psychotherapy of once per week over 40 weeks of the year for two years, and twice per week over 40 weeks of the year for two years or more, with a recognised training therapist. (Account may be taken here of the expectations for personal therapy in place at the time of training).

- 2.5 Relevant theoretical study, discussion and understanding of psychoanalytical literature and related works, amounting to a minimum of 400 hours of study.
- 2.6 Currently practising psychoanalytic or psychodynamic psychotherapy at a level which maintains professional competence.
- 2.7 Applicants who have been previously accredited by the NWIDP as Full members will be re-accredited annually, and offered renewal, provided current policies and criteria of the NWIDP are adhered to (See governing documents and policies).
- 2.8 A core qualification in mental health. Where a core qualification does not exist, the applicant may be required to obtain experience in a mental health setting, on a part time basis of a minimum of six months duration.

3. SUPERVISION ARRANGEMENTS FOR FULL MEMBERS

- 3.1 All accredited therapists will be expected to adhere to the standards in the CPD policy.

4. GOVERNING DOCUMENTS AND POLICIES

Applicants will abide by the following governing documents and policies:

- 4.1 Constitution of the NWIDP
- 4.2 Code of Ethics and Conduct
- 4.3 Code of Practice for Training Organisations and Candidates in Training
- 4.4 The Complaints Procedure
- 4.5 Policy of Continuing Professional Development * subject to acceptance at the 2007 AGM

Full members should be in agreement with the general aims of the Institute, and with the Constitution of the NWIPD, and agree to uphold the ethical principles and be ready to work for the advancement of psychoanalytic and psychodynamic therapy in their own practice and in the Institute.

NB. The foregoing criteria may be modified from time to time according to guidelines set by the Analytical Psychology, Psychoanalytic and Psychodynamic Section of the UKCP.

5. GENERAL PROCEDURES

Applicants will be elected to Membership at meetings of the full Executive Committee of the Institute.

Decisions as to whether or not to accept an applicant for Membership will be decided by the full Executive Committee of the Institute, but will be based on recommendations from the Professional/Ethics Officer who will inform applicants of the decision.

A list of all members of the Institute, including those admitted to membership within the previous year, will be circulated to all members of the Institute annually, at or about the time of the Annual General Meeting.

6. THE PROFESSIONAL/ETHICS OFFICER

The role of the Professional/Ethics Officer and members of the Professional/Ethics working group with respect to membership will be to review all applications for membership and to recommend to the Executive Committee whether or not such applications should be successful.

The review process should include:-

- a) scrutinizing the application
- b) reviewing the applicant's curriculum vitae
- c) discussing the applicant's suitability with the referees
- d) if necessary, inviting the applicant to be interviewed
- e) deciding on a recommendation as to whether or not an application should be successful
- f) communicating the decision to the full Executive Committee.

The Professional/Ethics Officer and members of the Professional/Ethics working group will review the Procedures for Membership on a regular basis and may present alterations and improvements to any General Meeting for approval. No change may be made to the Procedures for Membership without the approval of a General Meeting.

7. TYPES OF MEMBERSHIP

There are four kinds of membership of the Institute.

7.1 Honorary Membership

Honorary membership would be by invitation from the Executive Committee. It is anticipated there will be a very small number of Honorary members, and these will be persons who have contributed significantly to the Institute, the Diploma Course, or to the development of Psychodynamic Psychotherapy in the North West of England. All Honorary members will be regarded as Full members for the purposes of the Constitution and any other relevant documents.

7.2 Full Membership

The applicant for Full Membership must satisfy the Executive Committee that he/she fulfils the criteria for membership outlined above.

7.3 Trainee Membership

This will be open only to trainees on the Foundation and Qualifying Courses of the Institute. Trainee members will have access to the Institute facilities such as libraries, seminars and special teaching, and will also have representation on the Council, Executive Committee and Diploma Committee of the Institute.

7.4 Associate Membership

Applicants for Associate Membership will be professionals working in the Northwest of England who are unable to fulfil the criteria for Full membership as outlined below, but who are able:-

- to demonstrate an interest in psychodynamic psychotherapy
- to profess an interest in furthering dynamic psychotherapy in the North West of England

Associate members will have access to facilities of the Institute, such as library and extra educational activities, and will be represented on Council and the Executive Committee of the Institute.

8. APPLICATIONS FOR MEMBERSHIP

8.1 Full Membership

Applications for Full Membership of the Institute will be addressed to the Administrator of the Institute. Applications must be accompanied by payment of the application fee.

Each application must be accompanied by two written references, one of whom will act as sponsor and therefore be a full member of the Institute (as defined above).

8.2 Associate Membership

Applications for Associate Membership of the Institute will be addressed to the Administrator of the Institute.

Applications must be accompanied by a full curriculum vitae of the applicant.

Each application must be accompanied by a written sponsorship form from two Proposers, one of whom shall be a Full member of the Institute (as defined below).

8.3 Trainee Membership

Trainees will be granted trainee membership of the Institute upon successful application to the Foundation or Qualifying Course and acceptance of their completed application form.

9. PROCEDURES FOR JOINING THE NWIDP

Applicants are required to inform the Professional/Ethics Officer of convictions for criminal offences or of successful civil actions against them relating to their professional practice. Such disclosures will be kept confidential to the Professional/Ethics Officer and the Executive Committee if it is necessary to consider them in relation to applications for membership.

Following a successful application for membership the applicant will be required to affirm that she/he will obey the Rules and Constitution of the Institute and will adhere to the Professional Code of Conduct of the Institute.

Applicants who do not fulfil the full membership criteria may be considered for membership if there are exceptional circumstances which are considered by the Executive Committee.

If an application is unsuccessful, the applicant has a right to be informed of the reasons and may be offered advice concerning the deficiencies in their application if they so wish.

The membership fee will be due at the time of acceptance of membership.

10. RENEWAL OF MEMBERSHIP

Members will be required to renew their membership annually. The membership fee will be paid annually in advance. At the time of renewing membership, all members will be required to reaffirm their adherence to the Rules and Constitution of the Institute and to the Professional Code of Conduct of the Institute.

Membership will be continuous until an individual member resigns from the Institute, or until an individual member has his/her membership withdrawn under the procedures agreed by the Institute or until an individual member fails to renew his/her membership by failing to pay the agreed subscription within 12 weeks of notice of renewal being given in writing to the member.

11. SUBSEQUENT APPLICATIONS FOR MEMBERSHIP

Following the rejection of an application for membership of the Institute, the unsuccessful applicant may not reapply for membership for a period to be decided by the Executive Committee for each individual case. The delay before a further application will be accepted will run from the date of the meeting of the Executive Committee at which the application was judged unsuccessful.

12. RESIGNATION FROM MEMBERSHIP

Any member of the Institute may resign from membership by indicating their intention in writing to the Chairperson of the Executive Committee. The resignation will come into force, and membership withdrawn 28 days after the meeting of the Executive Committee at which the letter of resignation is received. Before this time, members may withdraw their resignation.

On resignation, the resigning members will forfeit all membership fees paid. No refund of fees will be made to resigning members.