

# *It is you I have loved*

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Music: It is you (I have loved) by Dana Clover  
CD: Soundtrack "Shrek", Dreamworks 450 305-2

Rhythm/Phase: Waltz Phase IV+2 (Dbl Rev, Vien Trns)  
Speed: 43 – 44 rbpm  
Sequence: Intro - A - B - A - B - C - D - B – Ending  
regular waltz timing, exceptions noted in []  
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## Intro

### **1-4 NO WAIT – BOTH ROLL X; X LUNGE & REC; BOTH ROLL X; X LUNGE REC SD TO VARSOU;**

- 1 sd by sd pos fc LOD– trailhds jnd – trail free – comm RF (LF) trn stp sd R(L),  
cont RF (LF) trn stp L (R), cont trn stp sd R (L) to sd by sd pos - no hands –  
man on the outs fc LOD;
- 2 XLIF (XRIF) with lunge action twd wl (COH) extending right (left) arm, -, rec R (L) [1-3];
- 3-4 comm LF (RF) trn stp sd L (R), cont LF (RF) trn stp R (L), cont trn stp sd L (R)  
to OP LOD; XRIF (XLIF) with lunge action twd COH (wl) ext r (l) arm, rec L (R), sd R (L) to varsou LOD;

### **5-8 FWD WZ; LADY X IN 3; MAN X IN 3; FWD WZ;**

- 5 varsou pos both hds jnd – fwd L, fwd R, fwd L;
- 6 small stps – rk bk R, rec L, cl R –leading W roll x in front to mans varsou-  
(comm LF trn stp sd L, cont LF trn stp R, cont trn stp sd L)
- 7 comm LF trn stp sd L, cont LF trn stp R, cont trn stp sd to varsou  
(rk bk L, rec R, cl L - leading M in front);
- 8 fwd R, fwd L, fwd R;

### **9-10 LADY ROLL OUT; PU SD CL;**

- 9 release left hds – fwd L, R, L let the lady roll out & chg hds to op LOD (sd & trn R RF, comm RF trn  
stp L, sd R to op LOD);
- 10 fwd R, sd & fwd L, cl R –leading W in front to end CP/LOD-  
(fwd L, fwd R trng ½ LF to fc M in CP/LOD, cl L);

## Part A

### **1-4 2 FWD WZ;; 2 LEFT TRNS FC WL;;**

- 1-2 fwd L, fwd R, fwd L; fwd R, fwd L, fwd R;
- 3-4 fwd L trng 1/8 LF, sd R cont trn 3/8, cl L; bk R trng 1/8 LF, sd L cont trn 1/8 to fc wl, cl R;

### **5-8 WHISK; WEAVE 6 TO SCP;; THRU FC CL TO BFLY;**

- 5 fwd L, fwd & sd R commencing rise, XLIB of R cont to full rise end in tight SCP;
- 6 fwd R, fwd L trng LF, sd & bk R cont trn to CBJO RLOD (W fwd L, sd R trng LF, sd & fwd L);
- 7 bk L, bk R trn LF, sd & fwd L to SCP DLW (W fwd R, fwd L, fwd & sd R);
- 8 fwd R, fwd L trn to fc partner, cl R to BFLY (W thru L, sd R to fc ptr, cl L to BFLY);

### **9-12 WZ AWY & TOG;; ROLL 3; THRU SD BEH;**

- 9-10 fwd L trng awy from ptr, sd & fwd R to a slight bk to bk pos, cl L; fwd R trn RF, sd L, cl R to BFLY;
- 11-12 roll LF (Lady RF) down LOD L, R, L; thru R, sd L, XRIB;

### **13-16 ROLL 3; THRU FAN TCH; WHISK; WING;**

- 13-14 roll LF (Lady RF) down LOD L, R, L; thru R, arc L fwd, tch L;
- 15-16 repeat meas 5, Part A; fwd R, draw L, tch L trng BJO DLC  
(W fwd L start LF trn, fwd R cont trn, fwd L cont trn);

- 17-20 X HOVER TO BJO; X HOVER TO SCAR; X HOVER TO SEMI; PU SD – LADY LK;**  
 17-18 XLIF, sd R rise, rec L to BJO; XRIF, sd L rise, rec R to SCAR;  
 19-20 XLIF, sd R rise, rec L to semi; fwd R, in place L, R –leading W in front to end CP/LOD-  
 (fwd L, fwd R trng ½ LF to fc M in CP/LOD, XLIF);

## PART B

- 1-4 DBL REV SPIN -TWICE- TO FC WL;; WHISK; CHASSE TO BJO;**  
 1-2 fwd L commencing to trn LF, sd R cont trn, spin LF on the ball of R foot bringing L foot under body  
 beside R no weight chg to LOD (bk R commencing to trn LF, L foot closes to R heel trn cont. trn, sd & bk  
 R cont trn/XLIF of R end fcg RLOD [123&]); repeat meas 1, Part B end fc W;  
 3 repeat meas 5, Part A;  
 4 thru R, sd & fwd L/cl R, fwd L to BJO DLW [12&3];
- 5-8 FWD FWD LK FWD; MANUV; SPIN TRN; ½ BOX BK;**  
 5 fwd R, fwd L/XRIB, fwd L [12&3];  
 6 fwd R, sd L trn RF to fc RLOD in CP, cl R (W bk L, sd R trng RF, cl L);  
 7 bk L pvt ½ RF, fwd R trng risg, rec bk L fcg DLW (W fwd R pvt ½ RF, bk L/brsh R, fwd R);  
 8 bk R, sd L, cl R to CP DLC;
- 9-12 OPEN TELEMAR; NAT HOVER FALLAWY; OUTSD CHG TO SEMI;**  
**PU SD CL(3<sup>rd</sup> time Part B, meas 12: THRU FC CL TO BFLY);**  
 9-10 fwd L trn LF, sd R around W cont trn, fwd L to DLW SCP (W bk R, cl L cont LF heel trn,  
 fwd R); fwd R trng body RF, fwd L risg on toe to SCP/DLW ckg, rec R to SCP/DRW;  
 11 bk L, bk & trn 1/4 LF R, fwd & sd L to SCP LOD;  
 12 repeat meas 10, INTRO (3<sup>rd</sup> time repeat meas 8, Part A);

## PART C

- 1-4 DIAMOND TRN;;;;**  
 1-2 fwd L to BJO DLC, sd R trng LF, bk L to BJO DRC; bk R trng LF, sd L cont trn, fwd R to BJO DRW;  
 3-4 fwd L trng LF, sd R cont trn, bk L to BJO DLW; bk R trng LF, sd L cont trn, fwd R to BJO DLC;
- 5-8 TRN LEFT CHASSE TO BJO; BK BK LK BK; IMPETUS TO SEMI; PU TO SCAR;**  
 5-6 fwd L trn LF, sd R/cl L, bk R trn LF BJO/DRC [12&3]; bk L, bk R/XLIF, bk R [12&3];  
 7 bk L trng RF, cl R to L heel trng RF, sd & fwd L to semi  
 (W fwd R beside M, sd & fwd L arnd M trng RF brush R to L, cont RF trn twd LOD fwd R to semi);  
 8 fwd R, sd & fwd L, cl R –leading W in front to end SCAR/LOD-  
 (fwd L, fwd R trng ½ LF to fc M in SCAR/LOD, cl L);
- 9-12 THREE PROG TWINKLES;;; STP FWD & PT SD;**  
 9-10 XLIF, sd R trng LF, cl L to BJO DLC; XRIF, sd L trng RF, cl R to SCAR DLW;  
 11-12 XLIF, sd R trng LF, cl L to BJO DLC; fwd R, pt sd L, - [12-];
- 13-16 THREE BK PROG TWINKLES TO SCAR;;; BOX FINISH;**  
 13-14 BJO DLC XLIB, sd R trng RF, cl L to SCAR DLW; XRIB, sd L trng LF, cl R to BJO DLC;  
 15-16 BJO DLC XLIB, sd R trng RF, cl L to SCAR DLW; XRIB, sd L, cl R to L to CP DLC;

## PART D

- 1-4 VIEN TRNS;; OPEN TELEMAR; START IN & OUT RUNS;**  
 1 fwd L trn LF, sd R, XLIF trng ½ (W bk R trn LF, sd L, cl R);  
 2 bk R trn LF, sd L, cl R trng ½ (W fwd L trn LF, sd R, XLIF);  
 3 repeat meas 9, Part B;  
 4 thru R trn RF, sd & bk L in front of W to bjo, bk R (W thru L, fwd R between M's ft, fwd L);
- 5-8 FINISH IN & OUT RUNS TO BFLY; THRU SD BEH; ROLL 3; PU SD CL;**  
 5 bk L trn RF, fwd R between W's ft, fwd L to SCP;  
 6-8 repeat meas 12, Part A; repeat meas 11, Part A; repeat meas 10, INTRO;

**9-12 DIAMOND TRN;;;:**

9-12 repeat meas 1-4, Part C

**13-16 CLOSED TELEMARK; MANUV; SPIN TRN; OPEN FINISH;**

13-14 fwd L start LF trn, fwd & sd R, cont trn LF bring L to R to BJO/DW

(W bk R, bring L to R no wgt trng LF on R heel trans wgt to L, bk & sd R); repeat meas 6, Part B

15-16 repeat meas 7, Part B; bk R trng LF, sd & fwd L, fwd R outsd partner to BJO DLW;

**17-18 2 SLOW OUTSIDE SWIVELS TO PU:::**

17 bk L to CBMP drawing R to L (fwd R swiveling RF), -, - [1--];

18 maintain CBMP fwd R checking DLW (fwd L swiveling LF to CP/DRC), -, - [1--];

(Listen to the music! The swivels are very slow.)

## **ENDING**

**1-4 WALTZ AWY; BOTH ROLL X; X LUNGE & REC; BOTH ROLL X;**

1 fwd L trng awy from ptr, sd & fwd R to a slight bk to bk pos, cl L;

2-4 repeat meas 1-3, INTRO;;;:

**5-8 X LUNGE REC SD TO VARSOU; FWD WZ; LADY X IN 3; STP FWD & SWIVEL TO FC PT;**

5-7 repeat meas 4-6, INTRO;;;:

8 in one smooth movement fwd L (R), swivel LF (RF) fo fc partner & pt sd R (L)

rt arms up & out/left hds jnd, - [12-]; and :-)