

# The Herald

First Christian Church (Disciples of Christ)  
In Carbondale, Illinois



May - 2008

Pastor: Katherine Bryant Graves

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## A Church of the Frontier

### Pentecost Special Offering May 11

Next year, in 2009, we'll all celebrate the 200th Anniversary of the Cane Ridge meeting. That huge evangelical gathering, on what was then the American frontier, is regarded by many as the place where the very roots of the Christian Church (Disciples of Christ) were planted.

Through the years, the Disciples have been leaders in building educational institutions that push the frontiers of knowledge, and in building programs that push the frontiers of caring. Disciples have been leaders in preaching, teaching, social programs and more. Wherever the frontier, our church has been there.

Today, we're among the leaders in the mainline denominations in planting new churches. The "frontier" today may be in the inner city or the suburbs. It may be peopled by retirees needing a church; or first-generation Americans

from a variety of nations; or young families concerned about bringing up children with care and values. Our gifts to the Pentecost Offering help found new churches and help spread the ministry of the Disciples of Christ to new people and places. Since 2001, we have planted more than 530 new churches. That's nearly 40,000 new Christians. This year, through the Pentecost Offering, we are asked to join together and "Share the Chalice," to continue that work.

Through the Pentecost Offering, we support the New Church Ministry of the Disciples throughout the nation, and right here in our region. We help in the recruiting and training of New Church planters, and we share in the fruits of their ministry, bringing God's message to new places and new communities—today's frontiers. We "Share the Chalice," and multiply the love.

## Enjoy A Warm Start To Mother's Day



"The early bird gets the worm", so the saying goes.

Well, if you join us for a pre-worship coffee hour on Sunday, May 11 at 9:30am "Mother's Day and Pentecost Sunday" we promise not to serve you worms, but hot coffee and a delicious light breakfast instead, courtesy of the fabulous Martha Beck!

We thought an early gathering would be a nice way to start a treasured day so close to all of our hearts. Plus, it will give you the opportunity to take the special women in your life out to lunch after service.

Bring your family and friends, and your favorite coffee cup, and join us for great coffee, great food, and the warmth of fellowship with your church family.

Pentecost this year occurs the same day as Mothers Day but wear red anyway and join us for a rousing Sunday of worship in the spirit at 10:30 a.m. We look forward to seeing you there!

## Good Shepherd 50th

In 1989 the Christian Church (Disciples of Christ) and the United Church of Christ proclaimed mutual recognition of their sacraments and ordained ministry. This partnership is a unique experiment in U.S. ecumenism. There are now more than 30 "federated" congregations affiliated with both denominations. Ministers ordained by the Christian Church (Disciples of Christ) are now serving in United Church of Christ congregations, and UCC pastors are serving in Disciple churches. The Common Global Ministries Board, formed by the UCC's Wider Church Ministries and the Disciples' Division of Overseas Ministries, unites the international mission work of the two churches. The General Assembly held in 2002 at Kansas City was a joint effort between the two denominations, further demonstrating our common ministry and shared vision.

The Church of the Good Shepherd (United Church of Christ) has invited us to participate as their "closest ecumenical partners" in the celebration of their 50 years of ministry in Carbondale. Margie Parker, Chair of the 50th Anniversary Committee, has left flyers describing the many opportunities for participating with our ecumenical partners in celebrating their anniversary in 2008.

### Here is a quick snapshot:

#### Saturday, May 10th

• 1 - 5 pm at the church located at 515 Orchard Drive, Carbondale Festival of Life Celebration featuring the President of the North American Region of the World Council of Churches, Dr. Bernice Powell Jackson as well as various workshops, children's activities and live music by Carter & Connelley, Loose Gravel and The Tate Brothers.

• 7 - 8 pm at church located at 515 Orchard Drive, Carbondale Ecumenical Worship Service with Dr. Jackson preaching and featuring the choirs from First Christian and Church of Good Shepherd as well as the Jasper Street Singers.

#### Friday, May 16th

• 5 - 7 pm Reception at the Carbondale Civic Center commemorating the "Creations of Spirit" Art Show to be held from May 1st thru 31st Flyers are available in the Narthex with further details and for registering for the workshops.

## \$11,271 To Feed the Hungry

Thanks to a tremendous effort by over 225 people, the thirty-fourth annual Church Women United World Hunger Sale raised \$11,271 to feed hungry people. In addition to the workers, the sale involved at least eight pick-up trucks and vans hauling in 45 tables (besides the 40 at the Newman Center), 27 clothes racks, 4 heavy shoe racks and lots of donated furniture. Three days later eight more trucks hauled all the leftovers to CWU's Thrift Shop on N. Illinois and returned all the borrowed tables and racks to the churches and homes they came from.

In between, the Newman Center was a gracious and welcoming host to the Sale. The many volunteers cheerfully coped with whatever needed to be done, transforming the Center from a place of worship to a bustling marketplace and then back again.

On April 17 the members of Church Women United voted to divide the proceeds as follows:

CROP - \$2,200  
UNICEF - \$1,700  
ECHO - \$400  
Marion Medical Mission - \$300  
Heifer Project - \$300  
For Kids' Sake - \$200  
Good Samaritan Ministries - \$2,500  
Bethel AME's Feed My Sheep - \$600  
New Zion's Summer Food - \$600  
Senior Citizens - \$500  
Women's Center - \$500  
Eurma Hayes Day Care - \$300  
Attucks Tutorial - \$300  
"I Can Read" - \$300  
Guadalupe Fund - \$300  
Family Advocacy Program - \$271  
Many thanks to everyone who made all this possible

- Margie Parker

Katherine, I want to thank you for honoring me for simply doing my job of recycling at the church. I also want to thank you for the book, "A New Earth" that you presented to me during worship Earth Sunday, April 27.

I must tell you that I am only the grunt doing the work started by two great women in our church who began the recycle program before me. Vera Felts set up the recycle program some years ago. Martha Ellert took over from Vera. When I retired in the Spring of 2006, I stepped into a job that was well established and took over from Martha. Vera and Martha deserve more recognition for heading up the recycle program at First Christian Church than I. However, I am going to keep the book.

Thank you to Vera and Martha and for all other FCC members that respect God's Creation enough to use the recycle containers at church. - Al Parr



## Skin Cancer

Melanoma accounts for 1 death every hour



May is National Melanoma/Skin Cancer Detection and Prevention Month. To many of us, skin cancer may not seem to pose a “great risk”. However, according to *HEALTH MINISTRY UPDATE, Spring 2008, Vol 9; Issue 2*, published by Southern Illinois Healthcare, it is the most common form of cancer and affects 1 in every 5 Americans and in its most severe form of **melanoma** accounts for 1 death every hour.

Non-Melanoma skin cancers are either *basal cell* (non spreading and easily treated) or *squamous cell* (can spread and often require surgical removal.)

Melanoma arises from the deeper layers of skin and may develop in a mole already on the skin. They are most often very dark in color; may be raised, irregular in shape, crusty, bleed easily and quickly invade surrounding tissue. They may invade internal organs as well. Surgical treatment is always necessary and chemotherapy and/or x-ray may be necessary.

Prevention is always the first choice; with early detection and treatment a close second.

Enjoy summer and all the fun it will bring, but protect yourself and those you care about while doing so.

## Tips to Prevent Skin Cancer

**Wear sunscreen** - Use water resistant sunscreen at least 15 SPF (higher if you are light skinned or burn easily) at all times when outside in the summer. Sun screen isn't just for the pool or beach; anytime you are exposed to the sun you should protect yourself. Remember the sun is hottest from 10 am to 4 pm—avoid exposure then if possible.

**Wear hats** - Hats that shield your “nose and ears”.

**AVOID tanning beds.**

**Self examines** - “check your birthday suit on your birthday” a good reminder to look at all your moles or any skin areas that you may not see everyday such as your back. A three way mirror is good for this or ask a “special someone” or your doctor to help you out.

## Knitting for a cause



Grace Hussey and Marge Schulhof present a check to Donna Crowe, Avon Breast Cancer Navigator at The Breast Center on Tues., Apr 15th. Knitting Ministry knit "pink scarves" and sold them at October Fest 2007. The scarves were packaged in white bags with pink tissue and pink ribbons and contained information about

Breast Cancer Awareness and the services offered at The Breast Center. This donation will be used to educate southern Illinois women about Breast Cancer Awareness, early detection and treatment options. The Breast Center will move to University Mall, across from the food court and adjacent to the Southern Illinois Healthcare Corporate offices within the next several months.

## Outreach

I've always liked the expression, "Spring has Sprung!" To me, it means new life, new possibilities, and the eventual promise of warm summer days spent idling poolside with a cool glass of something sweet. Yet lately, this phrase has gotten me to thinking about how this year, spring has done more than sprung. It's been a whirlwind explosion of activity that has left little room for thoughts of summer and the cool blue of the pool. It has me feeling a bit anxious, truth be told.

What has changed? Things are certainly busier than in times past. I then reflect back to that phone call last fall.....Monica asking if I'd help her co-chair outreach. I could hear Katherine's voice in the background and knew they'd been planning how to approach me on this. With a tug at my heart, and a strange sense of being called, I agreed.

Now, in the hustle of church-related work, spring has changed for me. I find myself feeling harried in the rush to make every last minute count in terms of productivity.

Even as I write this to you now, I have a list a mile long to address before we leave for Springfield in 2 hours. Two hours to departure, and my suitcase isn't even packed.

There are truly days when I find myself wondering if co-chairing outreach just adds more stress to my life. I can certainly say it has added more work to an already full schedule. Monica can relate to this, too. So, when I begin to feel this way, as we all do from time to time, I consider why I continue on.

Fortunately, I have a wonderful little book called Making Every Day Count, which has daily readings for dealing with this merry-go-round we call life. I'd like to share some quotes with you that help me with the daily

struggle to "get it all done" and how I find the energy to keep going. I hope in some way this helps you, too.

From Leo Buscaglia, "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

From a Chinese Proverb: "If you want happiness for a lifetime, help someone else."

And finally, from Juliette Binoche, "You have to go through difficulties to open up and understand life. If you're always in a sugary, round place, you never go anywhere."

Such wisdom dwells in these words. They remind me to remember that even the smallest acts of kindness can go a long way and to know that fulfillment in life comes not from what we can acquire but in how we've made a positive difference in the world. Most importantly, these words remind me that doing the right thing is not always convenient or comfortable, and that to grow, we have to sometimes push beyond the difficult to come to a full understanding of what it means to live a life rooted in the lessons of Christ.

Spring has been an active time in the life of this church. Many of you have stepped up and shown your support of us as we continue to find our way along as co-chairs of outreach. Monica and I are grateful for each and every one of you and your commitment to this very important work of the church. Stay tuned to e-mail, the Friendship Hall bulletin board, and worship announcements for May's events.

In Christ's Service,  
Debra Whitledge and Monica Tichenor

## Congratulations!

Stephanie Graves was named the top faculty member in Library Affairs at SIUC, and was honored with an "Excellence through Commitment" award on April 22, 2008. She is one of eleven faculty members recognized by the University for superior teaching. The award includes a grant to support professional activities during the next fiscal year. Congratulations, Stephanie!



## Church Spring Cleaning Saturday, May 3rd.

Facilities & Finance is asking for your help in a spring cleaning event of our Sanctuary, May 3rd from 8:30 a.m. until 12 noon. Coffee, bagels and lots of shared laughter will be available. We need to spruce up our sanctuary, cleaning and polishing the wood chancel, wood and brass furnishings and window sills, as well as address some issues in a few other areas. Bring some soft cloths, gloves and some good "elbow grease" and help us "heal" our sanctuary with a loving touch.



## Graduation Sunday May 4th



Do you have a graduate in your family you wish recognized? Please give their names and graduation details to Marleen Shepherd either by email or phone that we might formally congratulate them Sunday May 4th during the announcements before worship.

## This Month in Young Disciples

### This Month in Young Disciples

In class this month, we celebrate the gift of the Holy Spirit with Pentecost. The Holy Spirit can be a difficult concept for children and adults alike. Explain to your kids what ways you have felt the spirit move in your life. For our Bible Basics, we will be learning the Fruits of the Spirit, and encouraging them to exhibit love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.

In worship this month, we look forward to hearing a duet from Katlynn Ellis and Katy Whitledge. Sunday, May 4, is Graduation Sunday and our time to celebrate graduates in all stages of education. The following Sunday, we will be celebrating Mother's Day, and the children are preparing something special.

### Children's Interfaith Art Show

I want to thank the Young Disciples for their hard work in March and April preparing for the Interfaith Week Art Show. Nearly every child had a hand in creating the replica of our stained glass window of Jesus with the children for entry in the children's art exhibit, "Our Faith," a part of Interfaith Week 2008. They also helped to create

another "stained glass" piece of flowers with faith symbols in them. This impressive display was one of only a few children's art pieces that stayed up at the Civic Center through April with the adult exhibit. What an honor, and what a wonderful witness to the loving spirit of our congregation!

### VBS & Camp

Mark your calendars! Vacation Bible School will be July 7-11, and Logos Summer Camp, for children finishing grades 3-12, is July 14-18. First Christian assumes half of the \$235 price for our children to attend camp, so the cost for families is only \$117.50. Need-based full scholarships are also available. The deadline to turn in registration forms and payment for Logos Summer Camp at Camp Walter Scott is June 8.

Once again, we will partner with First Presbyterian Church to present VBS. This year's theme will be based on the story of Moses and the Exodus. More information on both VBS and camp will be forthcoming.

In Christian Love,  
Marleen Shepherd  
Christian Education Coordinator



## Welcome Baby Taylor!

- Prayers of thanksgiving are in order for the birth of Taylor Joy Schremp, born at 10:48 AM on Monday, April 21st, weighing 8 lb 7 oz, measuring 20 inches in length and with a full head of dark hair. Best wishes and congratulations to parents Stephanie Graves and David Schremp, big brother Dawson, and proud grandparents Ron and Katherine Graves.

## Important Dates

**Sunday, May 4** - Graduation Sunday

**Sunday, May 11** - Mother's Day Sunday

**Sunday, June 8** - Camp Registration forms due to the church

## Singing with the Stars

Our own "Pastor Katherine" will be participating (with Susan Patrick Benson) in the 3rd Singing with the Stars at McLeod Summer Playhouse on Friday, May 16th at 7:00 pm. Singing with the Stars is a season opener for MSP, matching community personalities with professionals from the School of Music and Theatre Departments in a contest to become "MSP Idol of the Year". The audience is given the

opportunity to purchase "votes" for their favorite star and the winner is given an "Oscar" and designated as "Idol of the Year". Dress is casual and the event is a great fun filled evening which includes food from Hunan, wine & beer, popcorn, desserts & coffee all for \$40.00 per person. Call McLeod Summer Playhouse box office at 618-453-3001. Watch for posters and flyers about the event in the narthex.



"The Abrahamic Dinner Program April 9 was part of the activities during the Carbondale Interfaith Council's Interfaith Week. Speakers from the three Abrahamic religions: Judaism, Christianity, and Islam explained the importance of Abraham for their individual faiths. The speakers were Aslihan Akkaya, a graduate student in Anthropology; Joe Brown, director of Hillel; and Marleen Shepherd. The photo shows Hugh Muldoon, Director of UCM, presenting gifts to the Abrahamic speakers."

## Offering of Letters Campaign May 18 & 25

Bread for the World's 2008 Offering of Letters is pushing for more and better poverty-focused development assistance—funding for programs in the U.S. budget that give people in poor countries the skills and opportunities to break the cycle of poverty permanently. These include long-term investments in things like education, agriculture, nutrition, health and clean water.

We must improve the way U.S. assistance is packaged and delivered so that it reaches those in greatest need with the maximum impact.

More and better poverty-focused development assistance is a critical component of the effort to meet the Millennium Development Goals (MDGs). The MDGs are a set of eight achievable objectives adopted by the nations of the world in 2000 to improve the quality of life of hundreds of millions of poor people around the world. All nations promised to fulfill these goals by 2015.

But our work is not over. The increases we've won in poverty-focused assistance have made a difference, but we are not yet on track to fulfill our promises.

2015 looms ever closer. There are still too many people who live in extreme poverty, too many people who go to bed hungry every night, too many children not in school, too many children dying from preventable causes. We can do better.

Bread for the World's 2008 Offering of Letters is pushing for more and better poverty-focused development assistance. That means:

1. Congress should increase its funding for poverty-fighting efforts by at least \$5 billion a year, starting this coming year. Funding should be aimed at programs that most directly address the root causes of poverty and hunger. The programs should encourage the participation of citizens from the targeted communities in crafting programs and setting priorities.
2. Congress should improve U.S. assistance to ensure the maximum benefit reaches those in greatest need.

A first step would be to pass the Global Poverty Act (S. 2433), now in Congress.

The Global Poverty Act would:

Make the first Millennium Development Goal (to cut in half the number of people who are hungry and the number of people living on less than \$1 a day) an official part of U.S. policy.

Require a coordinated strategy to achieve this goal through U.S. aid, debt relief, and trade policies. The strategy would emphasize cooperation with other countries, international institutions, faith-based groups, and the private sector. To achieve the Millennium Development Goals we have to step up the pace. 2015 is just around the corner.

Letters to your Congressional Representatives will be available for YOU to sign in the Narthex following worship May 18 and 25. Please continue to support Bread for the World's campaigns to end poverty in the U.S. and around the World.

## Cardboard Boat Regatta

The annual Cardboard Boat Regatta was held on Saturday, April 26th, at Campus Lake. Amy and Brice Dion, in the First Christian Banana Boat, won second place overall and also won a special award for the best use of cardboard. Congratulations to Amy and Brice, and many thanks to all who helped, and who came out to cheer them on! Danny Damian's boat (entered by Carbondale New School) won first place in the Kid's Class.



# May Calendar

**Sunday**

**Monday**


**Tuesday**

**Wednesday**

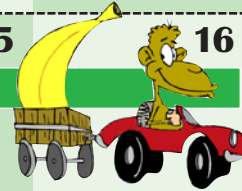
**Thursday**

**Friday**

**Saturday**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					7-8 p.m. Girl Scouts meet	
4	5	6	7	8	9	10
9:45 a.m. Choir Rehearsal  10:30 a.m. Worship and Childrens Ed	Katherines Sabbath		11 a.m. Staff meet 6:45 p.m. Choir Rehearsal		7-8 p.m. Girl Scouts meet	Good Shepherd United Church of Christ 50th Anniversary  1 - 5 pm Workshops  7 pm Worship
11	12	13	14	15	16	17
9:45 a.m. Choir Rehearsal 10:30 a.m. Worship and Childrens Ed  <b>Pentecost &amp; Mothers Day</b>	Katherines Sabbath	7:00 p.m. <b>Mary &amp; Martha</b>	11 a.m. Staff meet 6:45 p.m. Choir Rehearsal  4:30 Knitting		 7-8 p.m. Girl Scouts meet  7 p.m. Singing with the Stars	Wade & Patt Waller Wedding
18	19	20	21	22	23	24
9:45 a.m. Choir Rehearsal 10:30 a.m. Worship and Childrens Ed  <b>Cong. Care Meeting</b>	Katherines Sabbath		11 a.m. Staff meet 6:45 p.m. Choir Rehearsal		7-8 p.m. Girl Scouts meet	
25	26	27	28	29	30	31
9:45 a.m. Choir Rehearsal 10:30 a.m. Worship and Childrens Ed  Memorial Weekend	Katherines Sabbath		11 a.m. Staff meet 6:45 p.m. Choir Rehearsal		7-8 p.m. Girl Scouts meet	

**FCC does Meals on Wheels**





Elder of the Month: Grace Hussey  
Deacon of the Month: Ron Graves

May 4, 2008

Worship Leader: Allan Benson

Greeter: Les Miller

Bread Elder: Martha Beck

Cup Elder: Dia Parr

Deacons: Team 1

Narthex Supervisor: Peggy Stockdale

Coffee Hour: Donna Waller

Pentecost & Mothers' Day, May 11th

Worship Leader: Stephanie Graves

Greeter: Al Parr

Bread Elder: Rachael Nelson

Cup Elder: Jak Tichenor

Deacons: Team 2

Narthex Supervisor: Donna Waller

9:30 a.m. Coffee Hour: Martha Beck

May 18th, 2008

Worship Leader: Marcia Phelps

Greeter: Brice Dion

Bread Elder: Tamara Workman

Cup Elder: Al Parr

Deacons: Team 3

Narthex Supervisor: Joel Thoman

Coffee Hour: Amy Dion

Sunday May 25th, 2008

Worship Leader: Juli Claussen

Greeter: Alice Limpus

Bread Elder: Imogene Huffman

Cup Elder: Grace Hussey

Deacons: Team 1

Narthex Supervisor: Virginia Maurizio

Coffee Hour: Martha Ellert

## First Christian Church May Birthdays and Anniversaries



### Birthdays

- 5/5 Suzanne Gorrell  
Kyle Phelps
- 5/8 Greg Whitledge
- 5/14 Elizabeth Deutsch  
Alan Benson  
Judy Vineyard
- 5/15 Anna halterman
- 5/16 Ruth Calhoun
- 5/17 Lucas Damian  
Margaret "Sugie" Keen
- 5/23 Deana Hale  
Dawson Schremp
- 5/24 Cheryl Nicolaides
- 5/27 Mike Williams
- 5/28 David Schremp

### Anniversaries

- 5/9 Jay & Carol King  
John & Barbara Parrish
- 5/14 Scott & Judy Vinyard
- 5/16 Ed & Tamara Workman
- 5/22 John & Silvia Lenzini
- 5/25 Charles & Nancy Mallett  
Jacob & Marleen Shepherd
- 5/26 Les & Mona Miller
- 5/29 Mark & Sue Gindlesparger  
John & Marcia Phelps  
Greg & Debra Whitledge

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### Children's Ed. Marleen Shepherd

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