

How to Obtain OPA Materials Electronically

We offer two methods for obtaining OPA Materials (including Conference Call materials):

- Fax-On-Demand (commonly called Fax-Back)
- InterNet Access

You do not need to access both places — simply choose which method is easier for you. We are providing the same materials in both places.

Access via the InterNet

1. Start your InterNet package as you would for any other session.
2. Go to <http://www.TriS4Wellness.com>
3. In the upper right-hand block of the table at this site, choose the link for **OPA documents**
4. The next page will request a password. Type the password in the box provided and **<click>** on **Proceed**
5. The next page that comes up a short survey to help us gather some statistics on how much the site is being used. *We Will Not* give out or send e-mail to the address you enter. When you **<click>** on **Submit** you will be forwarded to the current location of the OPA document area. {Note: The URL of this page changes every time the password changes.}
6. The OPA document area offers you
 - ▶ everything that is available via Fax-Back
 - ▶ additional documents
 - ▶ color versions(if appropriate)
7. All of the documents here are in Adobe Acrobat (*.pdf) format.
 - ▶ If you use the Shaklee CDs or get documents from the Shaklee site, you already have Adobe Reader.
 - ▶ If you need Adobe reader, you can get a free copy from the link at our site.