

# The Buena Vista Fibromyalgia-Chronic Fatigue- Multiple Chemical Sensitivity Network

## March 3 at 6 pm

St. John's United Methodist Church Hall  
351 E 21st Street, Buena Vista VA 24416

### Speakers

Elly Brosius, MS, Facilitator of the  
Northern VA CFS-FMS-OI Support Group and  
Jonathan Gilbert, NCCAOM, Herbalist and President of  
The Gilbert Clinic in North Bethesda, MD.

Anyone with similar conditions is encouraged to attend.  
Wear something comfortable. Bring pillows, other comforts.  
Those with POTS are may bring reclining lawn chairs.

For more information, call (540) 261-6280  
or email [blackpercheron@gmail.com](mailto:blackpercheron@gmail.com).

### **PLEASE ADHERE TO OUR SCENT-FREE POLICY**

In consideration of members with allergies and chemical sensitivity,  
refrain from wearing perfume, cologne, or clothing with scented  
detergent or fabric softener residue and from using scented  
deodorants, essential oils, hairspray, or aftershave on the meeting day.

THANK YOU! See you at 6 on 3/3/08 at ST JOHNS UMC HALL!